

HOW NOT TO RUIN YOUR LIFE

A JOURNEY THROUGH THE BOOK OF PROVERBS

WEEK 4

DAY 1

Scripture

[Read Proverbs Chapter 22.](#)

Observation

What's happening in this section of Scripture? Write down a summary or a few key points that stood out to you.

Application

Look back at what stood out to you from this Scripture. How can it apply to your own life?

Prayer

Lord, I want to live with humility and integrity. Teach me to treat everyone with kindness and fairness, remembering You made us all. Guide my heart to sow wisdom today so I can reap peace tomorrow. In Jesus' name, Amen.

DAY 2

Scripture

[Read Proverbs Chapter 23.](#)

Observation

What's happening in this section of Scripture? Write down a summary or a few key points that stood out to you.

Application

Look back at what stood out to you from this Scripture. How can it apply to your own life?

Prayer

God, keep my heart steady and my eyes focused on what truly matters—Your wisdom and truth. Help me not to chase after things that fade or deceive but find joy in living with understanding. Teach me to listen, learn, and live in a way that honors You. In Jesus' name, Amen.

DAY 3

Scripture

[Read Proverbs Chapter 24.](#)

Observation

What's happening in this section of Scripture? Write down a summary or a few key points that stood out to you.

Application

Look back at what stood out to you from this Scripture. How can it apply to your own life?

Prayer

God, I want to build my life on wisdom and understanding, not envy those who seem to have it all. When challenges come, remind me that real strength is found in trusting You and doing what's right according to Your Word. In Jesus' name, Amen.

DAY 4

Scripture

[*Read Proverbs Chapter 25.*](#)

Observation

What's happening in this section of Scripture? Write down a summary or a few key points that stood out to you.

Application

Look back at what stood out to you from this Scripture. How can it apply to your own life?

Prayer

God, help me know when to speak and when to stay quiet, so my words build others up instead of tearing them down. Keep my heart gentle and humble, trusting You to guide how I respond to others. In Jesus' name, Amen.

DAY 5

Scripture

[*Read Proverbs Chapter 26.*](#)

Observation

What's happening in this section of Scripture? Write down a summary or a few key points that stood out to you.

Application

Look back at what stood out to you from this Scripture. How can it apply to your own life?

Prayer

Lord, keep me from foolish talk and prideful reactions that only stir up trouble. Teach me to live with wisdom and humility, reflecting Your truth in how I think, speak, and act. In Jesus' name, Amen.

DAY 6

Scripture

[*Read Proverbs Chapter 27.*](#)

Observation

What's happening in this section of Scripture? Write down a summary or a few key points that stood out to you.

Application

Look back at what stood out to you from this Scripture. How can it apply to your own life?

Prayer

God, I don't want to boast about tomorrow; instead, I want to trust You with whatever comes. Surround me with honest friends who speak truth in love and make me that kind of friend, too. In Jesus' name, Amen.

DAY 7

Scripture

[*Read Proverbs Chapter 28.*](#)

Observation

What's happening in this section of Scripture? Write down a summary or a few key points that stood out to you.

Application

Look back at what stood out to you from this Scripture. How can it apply to your own life?

Prayer

Lord, give me the courage to live with integrity, even when it's hard. Help me trust that choosing honesty and righteousness will always lead me closer to Your peace. In Jesus' name, Amen.

