



A Big Life

Focus God designed each of us with a need to belong to a spiritual family. When we are connected in a spiritual family, we can truly live the “big life.”

Open What is one of your favorite family memories that happened around the dinner table?

Read God designed us to live life together—to belong to a spiritual family (Hebrews 10:24–25). Being part of a spiritual family helps to build our beliefs, gives us a place to belong, become all that God wants us to become, helps us learn Christ-like behavior and enables us to live a big life together. Psalm 68:6 (NIV) says, “God sets the lonely in families.” We’re not designed to be a “solo act.”

Jesus surrounded Himself with spiritual family in spite of the fact that He was completely equipped to do life alone. How much more, then, do we need to surround ourselves with other believers?

- Talk**
1. How would you define or describe “spiritual family”? What is it? What is it not?
 2. Read Hebrews 10:24–25. What does it mean to “spur one another on”?
 3. Why do you think God designed us to live in a spiritual family? Why didn’t He create us as independent “lone rangers” or “solo acts”?

4. What are some common reasons (or fears) people may give as to why they're not involved in a spiritual family?

What are a few ways we can inadvertently become detached or separated from other believers, even when we intend to be connected (i.e., a busy schedule)? How have you overcome any of these challenges?

Live

1. In your experience, what are the benefits of being connected in a spiritual family? How has it helped or encouraged you?
2. Think about your life right now. In what ways do you feel most connected to a spiritual family? In what area(s) do you believe something is missing? Specifically, how can you pursue greater connectedness with others in this area(s)?

Pray

Thank God for His mercy and grace that He shows you through His church and other believers. Ask Him to help you to understand and embrace His purpose for connectedness with others. If you have been hurt by other believers, release the hurt to the Lord, forgive them and ask God to redeem what was lost in the process. Pray that you would be someone God uses to "spurs others on" to love and good works as well.