



## I Changed My Mind About Fear

*Romans 12:1–2; John 8:31–32; Luke 22:39–47*

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### Why Jesus Was So Fearful Before His Death

#### 1. Identification as a fellow human.

*Hebrews 4:15–16; Hebrews 5:1–2*

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#### 2. The full knowledge of every single detail of everything He was about to endure.

*John 14:6; Acts 4:10–12*

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#### 3. Jesus was under full-scale assault by Satan—the spirit of fear.

*Luke 4:13; 2 Timothy 1:7; Hebrews 2:14–15; Isaiah 48:22*

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**How to Overcome Fear**

**1. Admit your fear without shame.**

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**2. Submit your fears to God.**

*James 4:6–7*

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**3. Focus on God’s presence and love.**

*Psalm 23:4; Psalm 16:8–11; Hebrews 13:5–6; Numbers 13:31–33; Numbers 14:6–9*

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**4. Face your fears by faith and watch them crumble.**

*Luke 24:36*

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*What is the Holy Spirit saying to me through this message?*

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*All scriptures are from the New King James Version.*