

Mending Robert Morris

Review

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Key Scriptures: Luke 4:16–18; Matthew 9:4; Isaiah 42:3

Discuss

1. Read Psalm 147:3. What are some ways Jesus heals the brokenhearted?
2. How would you describe heartbreak or a “heart bruise”?
3. What is emotional healing and who needs it?
4. Pastor Robert shared how he once hated to be corrected. How do you think hating correction is connected to a need for emotional healing?
5. What is the first step to letting God heal heartbreak?
6. Pastor Robert talked about holy forgetfulness. What does this mean to you?
7. How can we let Jesus heal us emotionally?
8. What is the Holy Spirit saying to you through this message?
9. Take a moment with your group to pray the prayer Pastor Robert shared:
Almighty Father, I submit these memories to You. I ask You to heal me now from all the stress and give me holy forgetfulness. I choose now, by an act of my will, to forgive, to forget, and to be healed in Jesus’ name!

Takeaway

As we conclude, remember the following:

- Jesus came to heal the brokenhearted.
- We can choose to forgive and receive holy forgetfulness.
- Jesus heals us emotionally.

Prayer

Heavenly Father, thank You for sending Jesus to heal our broken hearts and mend our souls. We invite You into every area of our hearts. Please reveal any areas in our lives where we need emotional healing. We trust You with our memories and experiences. You are good and have good things in store for us. In Jesus’ name we pray, Amen.

Leader Tip

You have shown up each week ready to serve and grow as a leader. Well done! Take time this week to write down your wins for the semester. What worked well? What are you proud of with your group? Also take time to write down what you'd like to do differently next semester. If you are comfortable, share this list with your section leader so they can celebrate with you and further partner in your growth. Be encouraged—you are doing a great job!

Group Dynamics Idea

Pastor Robert's message on "Mending" may stir up deep emotions for your members. Be sensitive to how each person is doing. Follow up with them individually to see if they need more support. If they do, contact your section leader or zone leader to learn about the resources available for those who may need counseling or prayer.