



**DR. KEN  
ULMER**

## **God Has Not Forgotten You**

**Focus** In Jeremiah 29:11, God reminds us that He is thinking about us and has a plan for our lives. We can be sure God has not forgotten about us because God has us in His thoughts. Not only are we in God's thoughts, but we are also in God's plan. He has written our names on the palm of His hand.

**Fun** Have you been water baptized? If so, share about what the experience meant to you. If not, be sure to sign up to get water baptized.

**Review** Key Scripture: Jeremiah 29:11

**God is thinking about you.** Many of us wonder sometimes if God has forgotten about us, yet God declares in Jeremiah 29 that we are on His mind. No matter where you are or what you are going through, God is thinking about you. God sees you, and He understands the fullness of the plan He has for your life. Like a rug that's being intricately woven together, our lives may sometimes feel like the messy underside of that rug, but God wants us to embrace with faith the masterpiece He is creating on the other side.

**God has a plan for you.** God cannot forget about us because we are in His plan. Sometimes people are in a bad situation because of sin, and sometimes, like the children who were born to those who came out of Egypt, we may have been born into a bad situation, but God cares about you. He has not overlooked you. He desires to take what the enemy meant for harm and turn it around for your good because you are in God's plan.

**\*Group Dynamics Idea\*** This week, give extra time at the end of group to pray for one another. Ask each member to think about needs, issues, or concerns in their life. If they are

comfortable, have them share and then take time to pray. You can even pray for the unspoken or private requests.

## Discuss

1. God wants to take the old and dead stuff of our lives and weave in His life-giving power because God is a redeemer. What are some biblical examples of how God took something bad and turned it into something good?
2. How does God take bad situations and use them for good? What do you think this attribute shows us about the personality of God?
3. Can you think of a time you were in a difficult place or situation? What did God do during that time and how did He bring you through it?
4. Have you ever felt overlooked? How does it affect your perspective when you know that God hasn't forgotten about you?
5. Look at an example from the life of David. Do you think he ever felt overlooked or like God had forgotten him? What can we learn about the difference between how we feel and the reality that God is intimately acquainted with us and hasn't forgotten about us?
6. How does it make you want to respond to God when you remember He is thinking about you and that you are in His plan?
7. God sits at the door of our hearts and knocks. He wants to come into every area of your life. What areas of your life do you feel like God is knocking? What areas of your life do you feel like God wants to be more involved?
8. Stop and pray. Take time to fully surrender every area of your life you know God is asking you to. Have a moment of quiet surrender and acceptance of God's unfailing love.

**Take Home** As we conclude, remember the following:

- God has not forgotten about you.
- God is thinking about you.
- You are in God's plan.

## **Prayer**

Heavenly Father, thank You that You love us so much and that You are intimately acquainted with all our ways. We are so grateful we are on Your mind and in Your plan. Please help us live a life of faith and confidence, knowing that You love us and have a good plan for our lives. In Jesus' name, Amen.

**\*New Leader Tip\*** With great movies like *War Room* and many other faith-based films available, plan a movie night. Invite visitors and make it fun with lots of popcorn and snacks! This will be a great way to welcome in the fall, invite new members, and help build community within your group!