



The Foundation of Trust

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Focus God wants us to have a strong foundation in our lives. Hebrews 6 outlines the first two foundations of repentance from dead works and faith in God.

Fun What is something about you that you think would surprise people?

Review Key Scriptures: Hebrews 6:1; 1 Corinthians 6:18–20; Psalm 23:1–6

1. We are not free agents. We are owned by God and are totally accountable to Him in every area of our lives.

First Corinthians 6:19 makes it clear that we are not our own, but we have been purchased by Jesus. Too often we feel like our lives are our own and we can make whatever decisions we want apart from God. Some people make their own decisions and then ask God to bless them. Instead, we should ask God first, then trust Him and do what He says.

2. We are totally incapable of running our own lives. It is why we turn to Christ in the first place.

Psalm 23 begins with the phrase “The Lord is my shepherd.” We are referred to as sheep throughout the Bible. Sheep are incapable of leading, caring for, or providing for themselves. They need a shepherd, or they will die. We are the same way and need God for everything in our lives.

3. God created us with a detailed plan and purpose for our lives, and only He can guide us there.

God formed us and knew us while we were still in our mother’s womb. He has a plan and purpose for us. When we get off course or make a wrong turn, God will reroute us so we can still fulfill His purpose for our lives. It doesn’t matter what

you've done or what you've gone through, it is never too late to let God guide and direct your life.

4. God is the perfect Father, and He loves us more than we love ourselves. He will bless us more than we will bless ourselves if we will trust Him.

When we try to provide for ourselves or solve our own problems apart from God, it never goes as well as if we had completely surrendered to Him. If you have never made Jesus the Lord of your life, surrender complete control to Him and He will take care of you. God wants to bless you above and beyond what you can imagine.

Group Dynamics Idea This is a tumultuous time for our country in more ways than one. While the world is feeling the pain of racism, God has called the Church to lead the way in healing, reconciliation, and peace. Gateway has several useful resources on gatewaypeople.com/unity to help address and process some of the painful racism issues we are experiencing in our country. Now is a time for healing, and beginning these healthy conversations in your group and community can make a positive difference.

Discuss

1. Read 1 Corinthians 6:18–20. How does your way of living change when you truly believe you belong to God and want to glorify Him?
2. Why do you think people have a tendency toward independence and self-reliance rather than relying on God?
3. Pastor Jimmy talked about the importance of having a strong foundation in order to experience all God has planned for your life. Why do you think God is so concerned about us having a good foundation?
4. Psalm 23 begins by declaring the Lord is our shepherd. What does it look like for God to be our shepherd?
5. In what areas do you struggle trusting God? Why do you think it is hard for you to trust God in those areas?
6. What is the Holy Spirit saying to you? Is there an area of repentance toward dead works or having faith in God you need to address?

Take Home As we conclude, remember the following:

- We are not free agents but are owned by God.
- We are incapable of running our own lives.
- God has a detailed purpose for our lives.
- God is the perfect Father, and He loves us more than we can imagine.

Prayer Heavenly Father, thank You for purchasing our lives. We know we are not our own and ask that our lives glorify You in every way. Help us to be dependent on You. Thank You for the plan and purpose You have for us. Please lead us and guide us in that plan and purpose. Thank You for Your love for us and for Your desire to take care of us and bless us. In Jesus' name, Amen.

New Leader Tip Groups often pray for the needs of those in the group. However, especially during times like our country is experiencing now, it is good to lead your group to pray for the nation as a whole. Take time to lead your group to intentionally pray for God to come and bring healing to our land.