

# The Power of Attitude Jimmy Evans

Focus Our attitudes determine our success and forge our futures more than any other

factor in life.

**Fun** Do you have a funny story to share about a surprise situation that wrecked your

attitude?

**Review** Key Scriptures: Romans 8:31, 12:2; Acts 16:22–25; James 4:9–10; Hebrews

12:7-13; Nehemiah 9:10; 1 Peter 5:5

#### 1. Truths About Attitude

People and circumstances do not determine our attitudes; we choose them. Adam and Eve acted like selfish brats and rebelled. King David had a great attitude during times of hardship and a bad attitude during times of prosperity. Paul, after being beaten, worshipped God. Happiness is a chosen attitude, not a state of being. God rewards good attitudes and disciplines bad attitudes. Good attitudes precede and predict success, favor, and promotion, and bad attitudes precede and predict failure, disfavor, and demotion.

## 2. Attitude Killers

Wrong expectations of how a situation will go set us up with false optimism or hopeless pessimism. When challenges arise, we should instead have triumphant realism that gives us a balanced, hopeful outlook and perseverance in spite of what we're facing. Comparing ourselves to those who have more than us causes resentment. Comparing ourselves to those less fortunate causes gratefulness. Feelings of entitlement lead to a bad attitude, and negativity takes God out of the equation. We need to believe God is with us in our circumstances, and He can make anything happen.

## 3. Attitude Builders

Gratitude is a key ingredient of a good attitude. Thank God for all of the blessings in your life. No matter what you're facing, have faith that all things are possible through God. Decide to take off pride and put on humility daily. Respect for God and others helps us honor Him and put Him first.

\*Group Dynamics Idea\* Churches around the world have united in prayer through the UNITE714 movement. Encourage group members to learn more and join in at unite714.com.

### **Discuss**

- 1. Ask the Holy Spirit to reveal areas of your life that need improvement. What has your attitude been like during this quarantine season? How can you find the good in this season?
- 2. Which one of the attitude killers Pastor Jimmy Evans mentioned (wrong expectations, comparison, entitlement, and negativity) affects you most often? How can you overcome and reset next time?
- 3. Which one of the attitude builders mentioned in the sermon (gratitude, faith, humility, and respect) comes more naturally to you? Which do you struggle with?

**Take Home** As we conclude, remember the following:

- Attitude predicts future success or failure.
- Ask God what He is trying to teach you through a difficult circumstance.
- Believe that God makes all things possible and have hope in Him.

#### Prayer

Father God, we repent of our bad attitudes, grumbling, and complaining. We want the world to see Your joy and hope in our lives. Show us how we can be Your hands and feet in loving our family, friends, and neighbors during this time of quarantine. We want to draw others to You through our attitudes. Give us Your words of truth and love to share. Shine Your light through the Church, Lord, so the whole world will see the difference Your Son and Holy Spirit make in the lives of believers. We praise You because You are worthy! May we honor You with our very breath, our attitudes, and our actions. In Jesus' name, Amen.

\*New Leader Tip\* Text CONNECT to 71010 if you need prayer or support during this time. Text DECISION to 71010 if you have made a decision to follow Jesus. In addition to joining the prayer movement at unite714.com, another way to help during this season is to sign up to give blood at <a href="mailto:carterbloodcare.org/gatewaydrives">carterbloodcare.org/gatewaydrives</a>.